

# APIRA SKI CLUB COVID SAFE PLAN 2022

**No person is to travel to Mt Buller or visit APIRA Ski Lodge if they have any symptoms of COVID-19 or influenza.**

**It is strongly recommended that everyone has a negative Rapid Antigen Test (RAT) before travelling to stay at the lodge. In addition, anyone exhibiting Covid symptoms within 72 hours of their intended stay should cancel their booking.**

Members and guests need to bring their own top and bottom sheets, doona cover and pillowcase. Limited emergency linen may be supplied and the cost of dry cleaning is \$80 per person.

You cannot come to the lodge if you have COVID 19 or are awaiting the outcome of a test.

Prior to departure everyone should undertake a Covid-19 symptoms self-assessment. If anyone in the booking has symptoms the booking should be cancelled and the Lodge Manager advised immediately.

## 1. Practise physical distancing



### Actions:

If necessary, Government requirements, will be displayed in the following communal areas.

- entry, dining, kitchen, lounge, bar, sunroom, TV room, drying room, ski room, baggage space, laundry and hallways.

Members will be advised of the importance of social distancing and following the current Victorian Government directions in relation to social distancing.

Members will be made aware of the content of the APIRA Ski Club Covid Safe plan via the web and booking sites and by the lodge manager on arrival.

## 2. Have a face mask



### Actions:

Members are required to carry a facemask at all times, unless a legal reason not to wear one applies, and to wear it if:

- they test positive whilst in the club
- have been in close contact with a positive case

Facemasks will be provided if members do not have them.

## 2. Practise good hygiene Requirements



### Actions:

Signage re washing hands, coughing into one's arm and regularly sanitizing hands, will be displayed in all communal areas.

Anti-bacterial handwash will be provided in a communal areas.

Hand sanitizer will be located in the entry to all communal areas, on each floor level and in the kitchen.

Kitchen area will be thoroughly cleaned after each group.

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Signage will be posted reminding members to wash their hands in the following areas:

- Food preparation areas.
- Communal toilets and bathrooms.

High touch areas – incorporated in members daily duties:

- Will be cleaned daily using diluted bleach and disposable wipes.
- Light switches, door/cupboard handles, stair rails, telephones, toilets, taps, basins etc

Entry:

- Hand sanitizer will be available in the entry and foyer.
- Gloves will be available at the entry.

Dining Room:

- Tables and chairs and will be wiped down between groups.

Kitchen:

- Hand sanitizer is located at the kitchen entry.
- Groups are to clean thoroughly after cooking.

Members bedrooms:

- All members to provide a doona cover, sheets, pillow case and towels for their own use.
- High touch areas will be cleaned daily.
- Underlays will be wiped down between occupants with IPA wipes.

Bathrooms:

- Cleaning products are located in each bathroom and members are to wipe down before they leave.
- In addition to normal cleaning, high touch areas will be cleaned daily.

## 4. Act quickly if persons become unwell

### Recommendations



#### Actions:

*Mt Buller Medical Centre does not test for Covid.*

Guests are encouraged to contact their own GP or arrange a telehealth GP consultation where possible. Bookings can be made on-line 7-days a week from 7:00am-7:00pm at <https://gp2u.com.au/>. GP2U can refer patients to the Mt Buller Medical Centre.

All guests must provide their own RAT's or the club has a limited supply that may be purchased

Members who exhibit signs of Covid-19:

- Must take a RAT and if positive leave as soon as possible.
- The RMB is to be advised if they are unable to leave the mountain without using resort public transport.

The Government Guidelines Recommend:

<https://www.coronavirus.vic.gov.au/checklist-contacts#what-type-of-contact-are-you>

If you have recovered from Covid in the last 4 weeks you have a temporary exemption and are not required to test or isolate/quarantine or leave the lodge, if you are re-exposed to a case.

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Close contacts are defined as someone who has spent more than 4 hrs with someone, inside an accommodation facility, who has Covid-19.

Close contacts, who show no sign of Covid, may remain at the lodge:

- They will be moved to a separate area if possible.
- Must wear a N95 mask when in the lodge for the next 7 days.
- And test negative on RA Tests on 5 out of the next 7 days with tests spaced at least 24 hrs apart.
- If you do not follow these steps, you must quarantine for the 7-day period. As we cannot provide quarantine facilities in the lodge you will be required to leave.

Social contacts are defined as someone who has sat or talked face to face with a Covid positive person for 15 min or more or has spent more than 2 hrs in the same space with them.

Social contacts may remain at the lodge:

- If they develop symptoms they must use a RAT and leave if it is positive.
- It is recommended that they use a RAT for the next 5 days
- It is recommended that they wear a mask during this period

If a case is confirmed as positive the Lodge Manager must:

- Notify close contacts.
- Advise all other guests that there has been a Covid case in the lodge
- Request Booking Officer to advise future reservations that there has been a Covid case at the lodge
- Do a comprehensive clean

## 5. Allow fresh air into the lodge Recommendations

### Actions:

Mt Buller is a cold environment but:

- Windows and doors will be opened when practical.
- Extraction fans will operate and help to keep fresh air circulating.

**APPROVED:** APIRA Committee - 2 July 2022

### Important contacts:

Department of Health:

Coronavirus (COVID-19) hotline 1800 675 398

<https://www.dhhs.vic.gov.au/coronavirus>

### Current CovidSafe Settings and CovidSafe Plan

Download the current [CovidSafe Settings](#)

Link for further information here: <https://www.coronavirus.vic.gov.au/how-we-live>

Download the current [COVIDSafeplan](#) Word

Link for further information here: <https://www.coronavirus.vic.gov.au/covidsafe-plan>